



OUR LADY OF PERPETUAL HELP CATHOLIC CHURCH

CLERGY | CLERO

Father Anthony Astrab, Pastor
Deacon Elix Castro
Deacon Joshua Keleske



MASS SCHEDULE | HORARIO DE MISAS

Tuesday / Martes	7:45 PM Bilingual
Saturday Vigil	4:30 PM English
Sunday	10:00 AM English
Domingo	12:00 PM Español

RECONCILIATION | CONFESIONES

Tuesday / Martes	6:00 PM - 7:30 PM
Saturday / Sabado	3:30 PM - 4:10 PM

EXPOSITION | EXPOSICIÓN

Tuesday / Martes 6:00 PM - 7:30 PM

SACRAMENT PREPARATION | PREPARACIÓN SACRAMENTAL

For information | office@olphtampa.org
Para información | office@olphtampa.org

OFFICE HOURS | HORARIO DE OFICINA

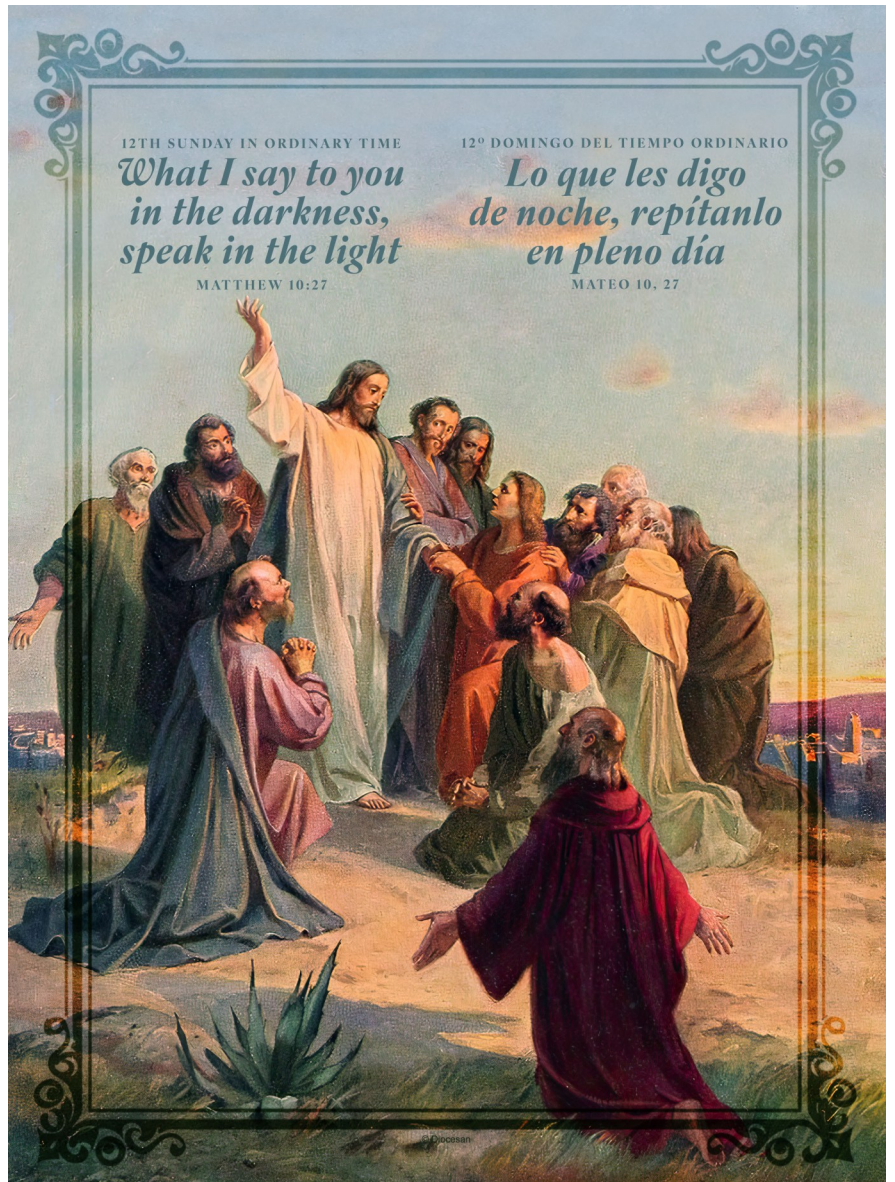
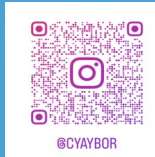
Wednesday 9:00 AM - 1:00 PM
office@olphtampa.org

1711 E. 11th Avenue, Tampa, FL 33605-3803
Tel. (813) 248-5701 . olphtampa.org

Parish
Instagram



Catholic Young
Adults



12TH SUNDAY IN ORDINARY TIME
*What I say to you
in the darkness,
speak in the light*
MATTHEW 10:27

12º DOMINGO DEL TIEMPO ORDINARIO
*Lo que les digo
de noche, repítanlo
en pleno día*
MATEO 10, 27

12th Sunday in Ordinary Time
XII Domingo del Tiempo Ordinario
June 21, 2026 | 21 de junio de 2026

To become a parishioner or to update your information, click the QR Code | Para hacerte miembro o para actualizar tu información, haga clic en el código QR:

PARISH REGISTRATION
INSCRIPCIÓN EN LA PARROQUIA



6/20	4:30 PM	Faithful of the Parish
6/21	10:00 AM	Fr. Anthony Astrab
	12:00 PM	Legionarios Difuntos
6/23	7:45 PM	Celebrant's Intentions



June 07, 2026



Attendance:		429
Collection:	\$	7,954.00
Poor Box:	\$	42.00
Maintenance Fund:	\$	375.00
Misc. donations:	\$	2,117.00

Magnifica Humanitas: Encyclical Letter by Pope Leo XIV

If you have not begun to read "Magnifica Humanitas", it is not too late. I look forward reflecting on Chapter One next week with you, paragraphs 17-45.

Magnifica Humanitas: Carta Encíclica del Papa León XIV

Si aún no has comenzado a leer «Magnifica Humanitas», no es demasiado tarde. A continuación encontrarás enlaces para leerla. Espero poder reflexionar contigo la próxima semana sobre el capítulo uno, párrafos 17-45. ¡Bendiciones!

Magnifica Humanitas
In English



Magnifica Humanitas
En Español



FROM THE PASTOR'S DESK | DESDE EL ESCRITORIO DEL PADRE

One More Reminder

Yes, I have just advertised this again in the bulletin...lol. It is that important. Have you taken time to nourish your marriage lately? Or, maybe you have been together for years or decades and are planning to spend the rest of your lives together but have not yet been joined in the Sacrament of Marriage. I would like to take a moment to advertise a Catholic retreat opportunity for couples on the weekend of July 17-19. Information for the retreat is below. Please come see me, Fr. Anthony, or Deacon Elix for a registration form or for more information about the retreat opportunity. I encourage you to prayerfully consider this Catholic couples retreat.



MDS

We Invite You
to a
Couples Retreat



WHO CAN ATTEND THE COUPLES RETREAT?

Couples, whether married through the Sacrament of Marriage or not, who are committed to spending the rest of their lives together and who want to live married life more intensely.

- For couples with a good relationship.
- For couples whose relationship needs improvement.
- For couples who no longer see a future in their relationship.



THE RETREAT WILL BE
July 17-19, 2026



COST
\$300
per couple



Diocese of St. Petersburg
LOCATION:
8310 Galbraith Rd,
Tampa, FL 33647



**COUPLES ONLY,
NO CHILDREN**



OUR MOTTO:

*"Don't change your spouse,
change your attitude."*

FOR MORE INFORMATION CONTACT



Deacon Elix y Lucy	813-468-0144
Deacon Edgardo y Mariela	813-495-2060
Deacon Guillermo y Adriana	813-380-0151



MDSE.Tampa@gmail.com



<https://www.dialogomatrimonial.org/>



Give yourselves this time to strengthen your relationship!

Un Recordatorio Más

Sí, acabo de volver a publicarlo en el boletín... jeje. Es que es muy importante. ¿Se han tomado un tiempo últimamente para fortalecer su matrimonio? O tal vez llevan juntos años o décadas y planean pasar el resto de sus vidas juntos, pero aún no se han unido en el sacramento del matrimonio. Me gustaría dedicar un momento para anunciarles a ustedes una oportunidad de retiro católico para parejas el fin de semana del 14 al 16 de agosto, 18 al 20 de septiembre, 16 al 18 de octubre, y 11 al 13 de diciembre. A continuación encontrarán la información sobre el retiro. Por favor, acérquense a mí, al Padre Antonio, o al Diácono Elix para obtener un formulario de inscripción para más información sobre este retiro. Los animo a que consideren en oración este retiro para parejas católicas.



MDS

Te Invitamos
A un retiro:
Diálogo Matrimonial ♥



¿QUIÉN PUEDE ASISTIR AL DIÁLOGO MATRIMONIAL?

Para parejas casadas o no por la iglesia y estén decididos a pasar el resto de sus vidas juntos y quieran vivir la vida matrimonial más intensamente.

- ♥ Es para parejas con una buena relación.
- ♥ Con una relación en necesidad de mejorar.
- ♥ Para parejas que ya no le ven futuro a su relación.

SOLO PAREJAS,
NO NIÑOS

Diócesis de St. Petersburg



LOS PRÓXIMOS RETIROS SERÁN:

Agosto 14,15 y 16

Septiembre 18,19 y 20

Octubre 16,17 y 18

Diciembre 11,12 y 13



CON COSTO DE

\$300

por pareja (todo incluido)



DIRECCIÓN

8310 Galbraith Rd, Tampa, FL 33647



NUESTRO LEMA:

*"No cambies de pareja,
cambia de actitud."* ♥



PARA MÁS INFORMACIÓN CONTACTAR A LOS COORDINADORES DE:

Our Lady of Perpetual Help

Edgar y Marisol ☎ 656-218-1775 | ☎ 813-841-8131



¡Regálense este tiempo para fortalecer su relación! ♥

June Events

COME GROW WITH US THIS SUMMER
AT OUR LADY OF PERPETUAL HELP

△ MEN'S GROUP ×

6.3 & 6.17
AT 7:30PM
IN PARISH
HALL



△ WOMEN'S GROUP ×

6.3.26
AT 7:30PM
AT LEADER'S
HOME



△ SOCIAL ×

6.10.26
AT 7:00PM
AT SHUFFLE
TAMPA



△ FORMATION ×

6.24.26
AT 7:00PM
IN THE MAIN
CHURCH



CATHOLIC YOUNG
ADULTS OF YBOR

*COFFEE GROUP AFTER EVERY SUNDAY
AFTER THE 10:00AM MASS AT HOTEL HAYA

Every Tuesday



EXPOSITION AND
CONFESSIONS
6:00 PM to 7:30 PM

BILINGUAL MASS
7:45 PM

Our Lady of Perpetual Help Catholic Church
1711 E. 11th Ave. Tampa

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Our Lady of
Good Counsel Camp

FLORAL CITY, FL

SUMMER CAMP 2026

Session 1: June 14th - June 26th

Session 2: June 28th - July 4th

Session 3: July 5th - July 17th

Session 4: July 19th - July 31st

We are the Catholic overnight summer camp for the Diocese of St. Petersburg with over 75 years of tradition! All children aged 7 - 15 years old are invited to join us.





Catholic Social Teaching

Seeking the Common Good in a Divided Age

Room or Zoom

June 4, 11, 18, 25, & July 9, 2026

6:00-8:00 p.m.

With: Deacon John Alvarez

Join John for this engaging 5-week series, offered both on Zoom and in person.

Together, participants will deepen their understanding of the seven core themes of Catholic Social Teaching and explore practical ways to live these principles in everyday life. Through reflection and discussion, attendees will be encouraged to identify one or more themes they feel called to embrace more intentionally within their communities and daily actions.

Participants will receive a certificate of completion at the conclusion of the program, which may be submitted to their employer, professional organization, or ministry association as documentation for Continuing Education credits, in accordance with the requirements of the participants respective organizations.

Fee: \$125.00 In Person; \$75.00 Zoom



John Alvarez is a retired deacon of the Diocese of St. Petersburg, serving at Espiritu Santo Parish in Safety Harbor.

During his active ministry at the Diocese he has served as the Director of Diaconate Formation, Director of Prison Ministry, Director of the Diaconate, Parish Administrator and Liturgist at St. Paul Parish, Tampa, and Director of Pastoral Ministries at Espiritu Santo Parish. He also served on the faculty of the diocesan Lay Pastoral Ministry Institute.

John's professional work includes software engineering, computer systems programming, and computer and adult education consulting. He has co-authored articles on evaluating technical educational programs, and books on pastoral leadership and diaconal ministry.

John earned the B.A. and M.A. degrees from Columbia University,

July 19 - 25, 2026

NATURAL FAMILY PLANNING

Designed by God
Guided by Love
Open to Life

NFP supports God's gifts of love and life in marriage!



The dates of Natural Family Planning Awareness Week highlight the anniversary of the papal encyclical *Humanae Vitae* (July 25) which articulates Catholic beliefs about human sexuality, conjugal love, and responsible parenthood.

Need someone to talk to or to just listen?



Catholic Charities
Diocese of St. Petersburg, Inc.

Catholic Charities has skilled counselors available to provide tools to assist with the stressors of everyday life.

Our counselors are prepared to provide you with the support needed to overcome various life changes.

We offer:


- Free Counseling
 - In-Person Sessions
 - Telehealth Sessions
- Coping skills
- Goal setting
- Flexible Schedules



**For more information,
call us at:
(813) 631-4370**

mhservices@ccdosp.org

2021 E. Busch Blvd. Tampa, FL 33612

More information :  <https://www.ccdosp.org/>

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offers an empowering approach to women's reproductive health care that is safe from side effects, life-affirming, cost-effective, and clinically proven.

Join us for a
FertilityCare
Introductory Session

Upcoming Opportunities

Tues. July 7 at 6:30 pm

Sat. Aug 8 at 10 am

Thurs. Sept 10 at 6:30 pm



Registration:

bit.ly/SGIntroSession



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Questions: call 813-421-4625

or email info@StGiannaCenter.com

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- Post Partum Depression

stgiannacenter.com/events

ENCOUNTER CHRIST • EXPERIENCE HEALING • REDISCOVER IDENTITY

RESTORATION RETREAT



DIOCESE of MADISON

FOR THE SEPARATED & DIVORCED

You are not alone. **There is hope and a future.**

Through prayer, teaching, sharing and community, experience healing and hope, rediscover your identity as beloved, and gain greater peace, clarity, and purpose.

**SAT.
JULY
11**

SCHEDULE



9:00 am Mass
10 am-4:30 pm Retreat

PROVIDED

Lunch & Materials

LOCATION

Immaculate Heart of Mary
(Marian Hall) or Online

SPECIAL GUEST



BISHOP DONALD HYING

PRESENTED BY

Carolyn Klika Catino

Catholic Divorce Healing
Coach & Founder of AJM

ABOUNDINGJOY

No Catholic walks through separation or divorce alone.

REGISTER TO ATTEND



**SCAN
ME**



No Catholic walks through separation or divorce alone.



Retreat - St. Petersburg, FL

Office of Vocations

Discernment Retreat

The Office of Vocations invites women from ages 18 to 30 to a discernment retreat at the Saint Leo Abbey, September 11-13, 2026. This retreat is led by Team Fiat, in partnership with consecrated religious sisters from various communities. Join us in seeking God's will for your life!

Registration is \$50. Click [here](#) to register. For more information, reach out to Sr. Sherly Vazhappilly, F.S.S.E. in the Office of Vocations by phone 727-341-6837 or email: svazhappilly@dosp.org.

Join us for the

2026

Men's Resurrection Experience

A Catholic Weekend Retreat for Men

Friday, September 18th to Sunday, September 20th



Deacon Elix Castro

Founder of the Marriage Ministry MDS

Location: The Bethany Center

18150 Bethany Center Dr, Lutz, FL 33558

Experience begins Friday night at 7pm

& Concludes with a Mass Sunday at 2pm

Only \$210

Three days - Two nights retreat weekend

Includes accommodations and meals

Single Rooms available for \$375

Call Al Larson at 813-290-9152 / Email at al@resurrectionexperience.org



Register for Men's Resurrection Experience 2026